Activity 3: Review and discuss:   
Workplace scenarios

# Introduction

Digital technology is changing the way we work and has a direct impact on our behaviour and lifestyles. Employers must ensure that they have procedures in place to support their employees both professionally and personally. Co-workers are also encouraged to support each other and look out for abnormal behaviour that could be linked to physical or mental health issues or an adoption of extremist or radical views.

## Review

Review each of these scenarios and discuss with a partner what you think might have happened.

**Scenario 1**: When at their workstations, James notices that Sahil becomes physically tense when he receives some new email alerts. However, he doesn’t do it every time a new email arrives.

**Scenario 2**: At a custom car parts manufacturer, Imani programs a 3D printer on a daily basis. Sam regularly meets Imani for lunch in the canteen but recently Imani has been arriving later and later. Other co-workers have noticed that a higher proportion of parts are having to be remade.

## Discuss

Respond to these questions during your discussion:

1. What has the co-worker spotted?
2. What might the co-worker’s observation be related to?
3. What next steps would you recommend?

Note: As with any scenario, you can only offer an opinion on what you think may have happened. You do not have access to all the facts and there might not be any problem at all. Being a supportive co-worker means you always have to keep this in mind.

Tip: Add a reflective note to your course log.