Activity 1: Health apps

There are a range of health apps available to download and use – but which are worth using?

* **Task 1**: Search for the three first apps on the store on your mobile device/computer and fill in the cost and support columns. Then, choose a further two or three from the slide and repeat.
* **Task 2**: After a class discussion, fill in the evaluation column to give some pros and cons of each app.

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| Name of app | Cost | How does this technology support the healthcare sector? | Evaluation |
| NHS |  |  |  |
| Evergreen Life |  |  |  |
| Name of app | **Cost** | **How does this technology support the healthcare sector?** | **Evaluation (how well you think it would perform its function, with reasons)** |
| My Diabetes My Way |  |  |  |
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