Plenary: Study question

This is an extended answer question that applies your learning from the lesson. You will encounter this type of question in your exams. Your teacher will give you a mark scheme to check your own answers and/or will go through the answers with you.

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| A new healthcare application (app) has been designed to support clinically obese patients with a weight loss programme, through the encouragement of taking regular exercise.  The app works in conjunction with a wrist-based monitor that measures heart rate and the number of steps taken each day. Patients using the app are also asked to measure their body mass weekly and enter details into the app. Data is fed back automatically to the healthcare team.  Discuss the impact of using apps for this type of patient.  Your response must include reasoned judgements and conclusions.  **[9 marks, plus 3 marks for QWC]** |
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*Continue your answer on the back*